



**New St. Anthony's school, Naples, Italy.
Holiday Assignment History- Grade 5**



Guidelines:

- *Due date – 15 th August 2024.**
- * Take a print out and complete.**

Complete these lesson following your History learners book.

3 The Maya

3.1 Who were the Maya?

- The first Mayan tribes were hunter-gathers.
- Gradually, they learned how to grow crops.

Farming techniques

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A wide variety of food

- Maize was a very important food for the Maya.
- Made corn flour from maize and used it to make bread.
- The most common type of bread was tortilla.
- Also made porridge from maize.
- Mayan farmers grew many other crops,

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The Maya used a flat, stone table known as a metate to grind corn into flour. They used the flour to make bread.

Settling down

- Once the Maya began to farm, groups of people were able to settle in villages.
- While, they were successful farmers, the population began to grow.
- Cities started to develop.

3.2 What were Mayan cities like?

- The Maya never had one emperor ruling over them,
- Or one central capital city.
- There were many independent areas, controlled by a different king, were called city-states.
- Was the total area ruled by a king.

Mayan civilisation

- All the Maya spoke the same language – Mayan.
- They worshipped in the same way and followed similar laws.
- They planned their cities in the same way, with all the important buildings in the centre and the ordinary homes and farms on the edges.
- All dressed in a similar way and shared the same calendar.
- Historians thought the Maya were peaceful.
- Archeologists discovered wall paintings, statues and carvings that recorded wars between rival city-states.

1. How many city-states were there?
2. Name one of biggest city-states, and how many people were there?

3.3 Who ruled the Maya?

- Each Mayan city-state had its own king.
- When a king died, his son or other closest relative became the next king.

The king and his family

- The king, his And children were at the top of
- They lived a luxury life inin the centre of the city.
- People believed that members of the Were more important and them.
- Fights and wars between city-states were
- In times of war, the king led his into battle.

Helping the king

- A group of men known as the Helped the king to rule, were usually of the king's
- Mayan nobles spent a lot of time on their appearance,

they wore

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- Some women played an important role in Mayan society.
- At a lower level than the nobles were the
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- The farmers were lived outside the city on their farms.
- Most slaves were captured in And some became
slaves as a For a crime.

How do we know about Mayan people?

- The Mayan recorded the kings' reigns.
- Information about the kings was painted onto pottery or carved in wood or stone.

Crime and punishment

- Laws were similar across all the city-states.
- If a person broke a law, the punishment varied.
 - A thief -
 - Damaging property -
 - Murder -

